



TASK ONE

First Aid and Emergency Response Practical Activity

(Outcomes 2, 7 and 10)

This task comprises two parts.

Part 1: First Aid

This requires students to list and pack appropriate first aid equipment for an expedition. Students should:

- work together to formulate a list of first aid equipment relevant to the particular environment in which they will be expeditioning.
- use the services of local experts, the school nurse, doctor, retail person or experienced outdoors person to provide information on the first aid kit.
- pack their first aid kits, using the suggested list in Chapter 2 of this text.
- assess themselves prior to being assessed by the teacher.

Part 2: Emergency Response

This requires students to participate in one or two simulated emergency response situations and perform first aid procedures using correct techniques. See text for possible scenarios or contact local authorities, such as St Johns or the SES for assistance.

- Students may work individually or in pairs.
- Other students should be briefed prior to the simulated incident so that the portrayal is as realistic as possible. .

Performance Criteria...

Outcome 2: Plans, selects and packs appropriate provisions and equipment for an expedition leading to self-management in the outdoors.

Satisfactory	High	Very High
The student with guidance, demonstrates the planning and preparation of provisions and equipment, leading to self-management in the outdoors.	The student plans and packs provisions and equipment in an organised way, with some guidance leading to self-management in the outdoors.	The student independently demonstrates initiative in planning and efficient organisation of provisions and equipment, leading to self-management in the outdoors.
<ul style="list-style-type: none"> ➤ prepares a basic first aid kit from the suggested list ➤ supplies a written contents list of first aid equipment ➤ uses an appropriate container 	<ul style="list-style-type: none"> ➤ prepares a comprehensive first aid kit with most of the items from the suggested list, including personal medication ➤ supplies a written contents list of first aid equipment ➤ uses a durable container ➤ recognises preparation needs for different environments 	<ul style="list-style-type: none"> ➤ prepares an extensive first aid kit catering for personal medication with extra first aid equipment ➤ supplies a written contents list of first aid equipment, together with first aid instructions ➤ uses a durable, watertight container ➤ assesses preparation for different environments